

## HOW TO BOOK

**Visit** – [www.mamaa.org](http://www.mamaa.org) to download a booking form

**E-mail** – [info@mamaa.org](mailto:info@mamaa.org) to request a booking form

**Phone:** – Leanne Silvester on  
020 8327 0868 – 07960 340 583

**For victim support** - Michelle Silvester  
07983329454 - 020 7692 1232

[mamaauksupport@hotmail.co.uk](mailto:mamaauksupport@hotmail.co.uk)

Lyn Costello – 07960994862

Kate Whaley – 07960101078

### DATES OF TRAINING DAYS

11<sup>TH</sup> MARCH 2010

18<sup>TH</sup> MAY 2010

3<sup>RD</sup> JUNE 2010

13<sup>TH</sup> JULY 2010

Cost - £125

(Includes refreshments and lunch)

58 Catterick Way

Borehamwood

WD6 4QT

Registered Charity Number 1074817



## Working With Families Bereaved By Murder & Manslaughter

## About The Course

A one day training workshop, to develop greater knowledge and understanding of the effects of traumatic bereavement

Losing a loved one to murder or manslaughter is unlike the grief process many of us experience throughout our lives. The trauma that is associated with murder can make day to day life management, communicating, corresponding, and understanding, impossible for quite some time.

Working with families affected by traumatic death can be difficult, but should also be highly rewarding. We have worked with families affected by violent crime since 1993, and in that time have developed a wealth of knowledge on victims needs and behaviour. Understanding these needs will ensure that the work you do with families will be highly effective.

## Venue

Innkeeper's Lodge  
Studio Way,  
Borehamwood, Herts.  
WD6 5JY

### By road directions:

From the M25/A1 (M) Junction 23/1, take the A1 towards London. Take the junction signposted Borehamwood, and at the roundabout follow signs for the town centre/A5135. At the double-roundabout, turn right into Studio Way and the Lodge is on the left.

### By rail directions:

Elstree Station is less than a mile further along the A5135, with a 20 minute Thames link connection to St Pancras Station

For a detailed map please go to:

<http://tobycarvery.co.uk/find-a-toby/borehamwood.html>

## Understanding Traumatic Bereavement

The course has been designed to develop the skills of professionals enabling them to:

- Understand and recognise the variety of reactions an individual has in relation to trauma, including physical, emotional and mental.
- Understand the impact an act of violence can have on familial relationships, and how to enhance care and support offered to all.
- Increase confidence and sensitivity when delivering bad news to a family.
- Identify effective intervention strategies, specifically in areas of alcohol and substance abuse as a way of coping with trauma.
- Better understand different beliefs and cultures and the important role this has for those who have been bereaved by violent crime
- Examine personal self awareness in relation to trauma and explore ways of self preservation and support.

## Who should Attend?

- Family liaison Officer's
- Victim support workers/organisations
- Paramedics /A&E Staff
- GP's
- Police Officers
- Coroners
- Housing Officers
- Teachers
- Restorative Justice Workers
- YOT's
- Probation Officers